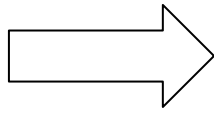
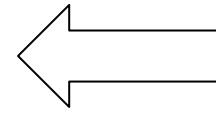


Reminder to be part of the Sav-Baby



“Self Discovery Class”



You Must Confirm by leaving a message at 210-342-8576 by **Thursday**.

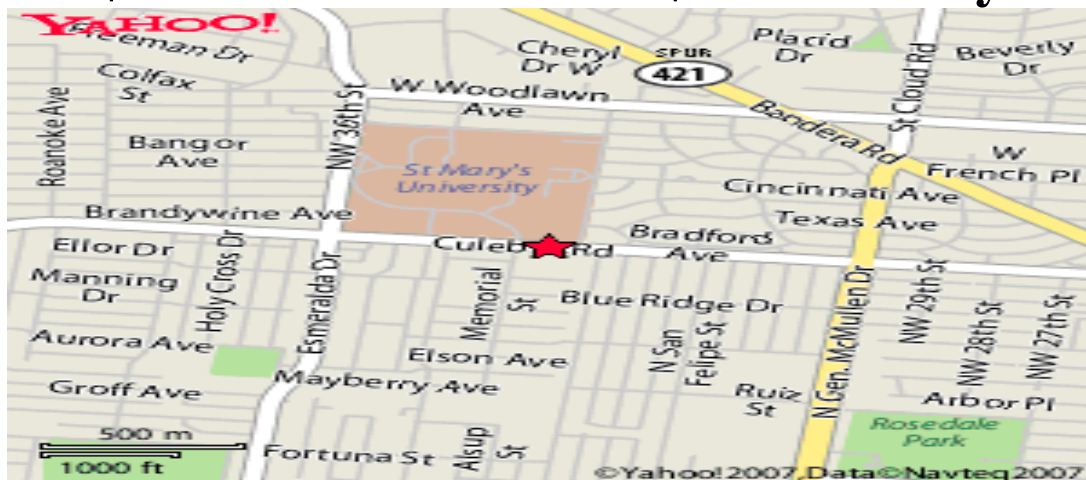
What: Self-Discovery Group #17

When: Saturday January 12, 2008 from 10:00 AM to 12:00 NOON

Where: St. Mary’s Learning Center 3141 Culebra Rd. directions call **(210) 436-7633**

FREE

\$25 Gift Certificate & \$30 Directory



No children/husbands/boyfriends are allowed in the classroom. Doors closed at 10:00 AM.

The program goals for Sav-Baby ‘Self Discovery’ program are: To encourage pregnant women and women with new born babies to develop and accomplish goals that will help them become self-sufficient.

In order to accomplish the above stated program goal, the following **MUST** be completed by each **participant (YOU)**:

1. To attend a Self-Discovery Class
2. To complete a self-evaluation form
3. To develop and write 3 clear, short, timely goals (\$25 gift certificate & a Community Resource Directory)
4. To do three follow up visits by a counselor or a therapist
5. To read at least 1 book from our E&M library and submit a two-page summary (\$25 gift certificate)
6. To write a progress report on what lessons they have learn and rewrite goals
7. If you receive a GED book, you must show progress in attending classes and taking the tests

After the above items are completed, then Sav-Baby will provide a crib/mattress, car seat, and a stroller.